

Cessation Classes

American Cancer Society

(760) 568-2691

Front Desk

Coachella Valley, CA

Type Of Service: Fresh Start Plus-group support group.

American Cancer Society

(951) 683-6415 or 1-800-ACS-2345

1240 Palmyrita, STE A – [Map To Location](#)

Riverside, CA 92507

Type Of Service: Information; referrals; self-help materials; healthcare worker trainings.

Cost: Free.

American Lung Association

<http://www.lungusa.org>

(909) 884-5864

1-800-LUNG USA

Type Of Service: Freedom from Smoking group classes for behavior modification. Classes are ongoing. Call for dates. 7-week smoking cessation clinics for \$50. Call for more information.

Beaver Medical Center

(909) 335-4131

2 W. Fern – [Map To Location](#)

Redlands, CA 92373

Type Of Service: Stop Smoking 5-week class.

Cost: Free.

Breakthrough Consulting

(888) 902-7848

3705 Sunnyside Dr. – [Map To Location](#)

Riverside, CA 92506

Type Of Service: Stop Smoking in One Hour (hypnosis makes it easy!). Lifetime Guarantee.

Cost: \$300.

Cernie Institute

(951) 781-0282

3705 Sunnyside Dr. – [Map To Location](#)

Riverside, CA 92506

Type Of Service: Hypnotherapy.

Cost: \$49 (\$39 for seniors) group.

Languages Served: English & Spanish

County of Riverside-Community Health Agency Department of Public Health Health & Wellness Department and Tobacco Control Project

(951) 358-4977

4065 County Circle Drive

Riverside, CA 92503

www.rivcoph.org/healthed/tcp.htm

Type of Service: Free smoking cessation for employees, Freedom from Smoking program which includes follow-up and self-help materials to track progress.

Languages Served: English and Spanish

Cost: Free for employees

Kaiser Permanente Riverside

(951) 353-4475

10800 Magnolia Ave. – [Map To Location](#)

Riverside, CA 92505

Type Of Service: Freedom From Smoking 7-week group clinic; self-help materials.

Cost: Free for members; \$55 for non-members.

Kaiser Permanente Van Buren Medical Office

(951) 352-0292

3951 Van Buren Blvd. – [Map To Location](#)

Riverside, CA 92503

Type Of Service: Living Healthy with COPD 4-session class.

Lucy Curci Cancer Center

(760) 674-3602

39000 Bob Hope Dr. – [Map To Location](#)

Rancho Mirage, CA 92270

Type Of Service: Stop Smoking 6-week program; Stay Quit Program.

Cost: fee for service

Smoking Cessation

(951) 343-2848

Henry Lai

Type Of Service: Smoking cessation through acupuncture.

Stop Smoking, Stay Quit Program

(760) 333-1270

V. J. Sleight

Coachella Valley, CA

Type Of Service: Six-week program in the Coachella Valley.

Cost: \$75.